

# Worksop Dolphins Club Championships 2009

(Affiliated to Notts ASA & ASA East Midland Region -- Under ASA. Laws and ASA Technical Rules of Swimming)

Sunday 20th September – Worksop Leisure Centre Worksop (25m pool)

**Results Session 1 - Sheet 1**

## EVENT 1 Boys/Girls 08 Yrs/Under 25m Free.

### BOYS - Full Results

Place	Name	AaD	Club	Time
1.	Daniel Challoner	8	Worksop	18.79
2.	Joseph Walus	8	Worksop	21.52
3.	Luke Higginbottom	8	Worksop	22.27
4.	Finlay Allison	7	Worksop	30.70
5.	Callum Hague	7	Worksop	44.53

### GIRLS - Full Results

Place	Name	AaD	Club	Time
1.	Katy Rixham	8	Worksop	18.83
2.	Naomi Ferullo	8	Worksop	22.71
3.	Madison Carter	8	Worksop	23.38
4.	Abbie Conroy	8	Worksop	24.32
5.	Kensley Davies	8	Worksop	24.43
6.	Amelia Denyer	8	Worksop	27.53
7.	Teoni Duke	7	Worksop	28.07
8.	Ellie-Jade Cutts	8	Worksop	28.96
9.	Emma Gooch	8	Worksop	30.13
10.	Eleanor Higginbottom	7	Worksop	34.38
11.	Bethan McCook	6	Worksop	39.21

## EVENT 2 Boys/Girls 09 /Over 50m Butterfly

### BOYS 09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Joshua Simcox	9	Worksop	44.78
2.	Luke Proctor	9	Worksop	49.98
3.	Josh Thrower	9	Worksop	1:00.26
	Quinn Paczesny	9	Worksop	DQ T-

..... BAG Pt.....
..... 137 <b>New club record</b>
..... 81.....
..... 28.....
.....

### BOYS 10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Callum Hunt	10	Worksop	50.63
2.	Sheldon McCall	10	Worksop	52.22
3.	Tom Parker	10	Worksop	54.25
4.	Kieren Hague	10	Worksop	57.24
5.	Alex Boyd	10	Worksop	58.27
	Charlie Humphries	10	Worksop	DQ SL-
	Daniel Little	10	Worksop	DQ T-

..... BAG Pt.....
..... 80.....
..... 68.....
..... 55.....
..... 40.....
..... 36.....
.....

### BOYS 11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Joseph Coy	11	Worksop	37.85
2.	Kristian Duke	11	Worksop	38.03
3.	Luke Challoner	11	Worksop	39.22
4.	Thomas Renshaw	11	Worksop	39.96
5.	Kistov Dean	11	Worksop	43.23
6.	Jack Robinson	11	Worksop	43.48
7.	Callum Bailey	11	Worksop	49.86

..... BAG Pt.....
..... 286.....
..... 281.....
..... 249.....
..... 231.....
..... 165.....
..... 161.....
..... 84.....

### BOYS 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kieron-Lee Simcox	12	Worksop	35.95
2.	James Davies	12	Worksop	38.56
3.	Sam Hayes	12	Worksop	45.67

..... BAG Pt.....
..... 352.....
..... 270.....
..... 132.....

### BOYS 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alex Hunter	13	Worksop	32.53
2.	Paul Gordon	13	Worksop	34.42
3.	Liam Argyle	13	Worksop	40.78
4.	Ashley Hunt	13	Worksop	43.66
5.	William Somerset	13	Worksop	51.70

..... BAG Pt.....
..... 473.....
..... 390.....
..... 205.....
..... 153.....
..... 67.....

### BOYS 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Matthew Renshaw	14	Worksop	29.93
2.	Matthew Dobson	14	Worksop	30.53
3.	Connor Allison	14	Worksop	33.36
	Matthew Watkinson	14	Worksop	DNC

..... BAG Pt.....
..... 592 <b>New club record</b>
..... 556.....
..... 418.....
.....

### BOYS 15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Ian Wrigley	15	Worksop	29.37
2.	Joseph Sharpe	15	Worksop	30.43
3.	Ricky Whitehead	16	Worksop	36.62

..... BAG Pt.....
..... 514*.....
..... 462*.....
..... 247*.....

# Workshop Dolphins Club Championships 2009

(Affiliated to Notts ASA & ASA East Midland Region -- Under ASA. Laws and ASA Technical Rules of Swimming)

Sunday 20th September – Workshop Leisure Centre Workshop (25m pool)

**Results Session 1 - Sheet 2**

## GIRLS 09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt
1.	Lucy Ambrose	9	Workshop	46.78	180
2.	Mia Ferullo	9	Workshop	1:04.09	38
	Amber Higgins	9	Workshop	DQ SA-	
	Charlie Meadows	9	Workshop	DQ SA-	

## GIRLS 10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt
1.	Lucy McCook	10	Workshop	40.99	297
2.	Jade Platts	10	Workshop	47.39	167
3.	Emily Gray	10	Workshop	49.82	134
4.	Megan-Jayne Meadows	10	Workshop	51.24	118
5.	Joanne North	10	Workshop	52.23	108
6.	Olivia Haslam	10	Workshop	55.83	78
6.	Georgina Bushby	10	Workshop	55.83	78
8.	Kennedy Lee	10	Workshop	1:03.93	37
	Lois Walker	10	Workshop	DQ SA-	
	Hannah Taylor	10	Workshop	DQ T-	
	Courtney Sabbatini	10	Workshop	DQ T-	

## GIRLS 11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt
1.	Lucy Rixham	11	Workshop	40.54	324
2.	Alex Templeton	11	Workshop	41.36	300
3.	Lorna Milligan	11	Workshop	41.96	284
4.	Michaela Whitehead	11	Workshop	42.31	275
5.	Grace Elcock	11	Workshop	42.98	259
6.	Elizabeth Stannard	11	Workshop	46.92	181
7.	Deanna Ward	11	Workshop	47.93	166
8.	Laura Goulding	11	Workshop	52.48	110
9.	Alice Johnson	11	Workshop	57.76	68

## GIRLS 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt
1.	Chloe Awkin	12	Workshop	44.32	229
2.	Elise Gunter	12	Workshop	49.41	144

## GIRLS 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt
1.	Elizabeth Walus	13	Workshop	33.71	584
2.	Megan Berridge	13	Workshop	34.05	566
3.	Carina Sabbatini	13	Workshop	37.74	406
4.	Paige Denyer	13	Workshop	37.80	403
5.	Darcy Butterfield	13	Workshop	38.19	390
6.	Evie Booker-Parkinson	13	Workshop	39.26	354
7.	Sarah Gooch	13	Workshop	42.80	257
7.	Shannon Lee	13	Workshop	42.80	257
9.	Kimberley North	13	Workshop	44.05	229

## GIRLS 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt
1.	Leanna Turner	14	Workshop	32.81	519*
2.	Jessica Owen	14	Workshop	40.26	265*
3.	Emma Ward	14	Workshop	44.24	185*
4.	Holly Ramsden	14	Workshop	45.39	167*

## GIRLS 15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt
1.	Lauren Jordan	17	Workshop	33.64	482*

## EVENT 3 Boys/Girls 08 /Under 25m Backstroke

### BOYS - Full Results

Place	Name	AaD	Club	Time
1.	Daniel Challoner	8	Workshop	23.35
2.	Joseph Walus	8	Workshop	24.53
3.	Luke Higginbottom	8	Workshop	26.47
4.	Finlay Allison	7	Workshop	31.20
5.	Callum Hague	7	Workshop	37.51

### GIRLS - Full Results

Place	Name	AaD	Club	Time
1.	Katy Rixham	8	Workshop	22.81
2.	Kensley Davies	8	Workshop	25.00
3.	Naomi Ferullo	8	Workshop	25.11
4.	Abbie Conroy	8	Workshop	27.28
5.	Madison Carter	8	Workshop	27.66
6.	Ellie-Jade Cutts	8	Workshop	30.57
7.	Amelia Denyer	8	Workshop	30.80
8.	Teoni Duke	7	Workshop	31.53
9.	Emma Gooch	8	Workshop	36.00
10.	Bethan McCook	6	Workshop	41.94
11.	Eleanor Higginbottom	7	Workshop	43.16

# Worksop Dolphins Club Championships 2009

(Affiliated to Notts ASA & ASA East Midland Region -- Under ASA. Laws and ASA Technical Rules of Swimming)

Sunday 20th September – Worksop Leisure Centre Worksop (25m pool)

**Results Session 1 - Sheet 3**

## EVENT 4 Boys/Girls 10 Yrs/Over 400m Free.

### BOYS 10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt			
1.	Kristian Duke	11	Worksop	5:16.66	351			
	50m 35.08	100m 1:14.88	150m 1:55.91	200m 2:36.40	250m 3:16.80	300m 3:57.05	350m 4:37.24	400m 5:16.66
		39.80	41.03	40.49	40.40	40.25	40.19	39.42
2.	Luke Challoner	11	Worksop	5:30.26	304			
	50m 36.18	100m 1:16.05	150m 1:57.54	200m 2:39.38	250m 3:21.85	300m 4:05.22	350m 4:48.19	400m 5:30.26
		39.87	41.49	41.84	42.47	43.37	42.97	42.07
3.	Joseph Coy	11	Worksop	5:41.74	269			
	50m 39.43	100m 1:22.63	150m 2:07.25	200m 2:51.28	250m 3:34.47	300m 4:19.08	350m 5:01.22	400m 5:41.74
		39.43	44.62	44.03	43.19	44.61	42.14	40.52
4.	Jack Robinson	11	Worksop	5:46.66	256			
	50m 40.29	100m 1:23.49	150m 2:08.18	200m 2:52.69	250m 3:37.37	300m 4:21.74	350m 5:06.48	400m 5:46.66
		40.29	44.69	44.51	44.68	44.37	44.74	40.18
5.	Thomas Renshaw	11	Worksop	5:47.18	254			
	50m 38.48	100m 1:22.30	150m 2:07.36	200m 2:51.24	250m 3:35.71	300m 4:20.64	350m 5:05.70	400m 5:47.18
		38.48	45.06	43.88	44.47	44.93	45.06	41.48
6.	Kistov Dean	11	Worksop	5:58.90	225			
	50m 41.13	100m 1:26.38	150m 2:12.02	200m 2:58.57	250m 3:44.72	300m 4:31.23	350m 5:15.29	400m 5:58.90
		41.13	45.25	46.55	46.15	46.51	44.06	43.61
7.	Charlie Humphries	10	Worksop	6:39.60	146			
	50m 43.91	100m 1:34.80	150m 2:25.18	200m 3:15.11	250m 4:05.16	300m 4:53.83	350m 5:42.70	400m 6:39.60
		43.91	50.38	49.93	50.05	48.67	48.87	56.90
8.	Callum Hunt	10	Worksop	6:48.81	132			
	50m 47.06	100m 1:39.79	150m 2:32.22	200m 3:24.76	250m 4:17.86	300m 5:11.05	350m 6:03.44	400m 6:48.81
		47.06	52.73	52.54	53.10	53.19	52.39	45.37
9.	Tom Parker	10	Worksop	7:31.03	85			
	50m 48.76	100m 1:44.21	150m 2:43.72	200m 3:42.66	250m 4:41.77	300m 5:40.93	350m 6:38.35	400m 7:31.03
		48.76	55.45	59.51	58.94	59.11	57.42	52.68
10.	Daniel Little	10	Worksop	7:34.35	82			
	50m 47.52	100m 1:40.10	150m 2:35.99	200m 3:35.15	250m 4:34.48	300m 5:34.00	350m 6:33.35	400m 7:34.35
		47.52	52.58	55.89	59.33	59.52	59.35	1:01.00
11.	Callum Bailey	11	Worksop	7:36.75	80			
	50m 48.23	100m 1:45.25	150m 2:45.12	200m 3:46.03	250m 4:46.22	300m 5:45.06	350m 6:43.81	400m 7:36.75
		48.23	57.02	59.87	1:00.91	1:00.19	58.84	52.94
	Kieren Hague	10	Worksop	DNF				

### BOYS 12/13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt			
1.	Alex Hunter	13	Worksop	4:38.07	538			
	50m 30.63	100m 1:04.31	150m 1:39.18	200m 2:14.88	250m 2:50.39	300m 3:26.50	350m 4:02.42	400m 4:38.07
		30.63	34.87	35.70	35.51	36.11	35.92	35.65
2.	Kieron-Lee Simcox	12	Worksop	5:07.12	398			
	50m 34.67	100m 1:13.10	150m 1:52.80	200m 2:32.04	250m 3:11.07	300m 3:50.48	350m 4:30.74	400m 5:07.12
		34.67	39.70	39.24	39.03	39.41	40.26	36.38
3.	Ashley Hunt	13	Worksop	5:37.87	286			
	50m 39.16	100m 1:23.01	150m 2:06.77	200m 2:49.70	250m 3:33.00	300m 4:16.30	350m 4:59.83	400m 5:37.87
		39.16	43.85	43.76	42.93	43.30	43.53	38.04
4.	Paul Gordon	13	Worksop	5:56.48	235			
	50m 35.99	100m 1:19.22	150m 2:05.05	200m 2:51.57	250m 3:39.23	300m 4:26.73	350m 5:12.96	400m 5:56.48
		35.99	43.23	45.83	46.52	47.66	46.23	43.52
5.	Sam Hayes	12	Worksop	6:43.56	143			
	50m 43.99	100m 1:35.19	150m 2:26.58	200m 3:18.43	250m 4:11.65	300m 5:03.20	350m 5:55.61	400m 6:43.56
		43.99	51.20	51.39	51.85	53.22	51.55	47.95
6.	Christopher Elcock	13	Worksop	6:51.99	130			
	50m 42.94	100m 1:32.05	150m 2:25.36	200m 3:19.70	250m 4:13.46	300m 5:08.30	350m 6:02.50	400m 6:51.99
		42.94	49.11	53.31	54.34	53.76	54.20	49.49

# Worksop Dolphins Club Championships 2009

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Sunday 20th September – Worksop Leisure Centre Worksop (25m pool)

**Results Session 1 - Sheet 4**

## BOYS 14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt			
1.	Matthew Watkinson	14	Worksop	4:18.30	660			
	50m 28.30	100m 59.72	150m 1:31.91	200m 2:04.93	250m 2:38.64	300m 3:12.42	350m 3:46.39	400m 4:18.30
		31.42	32.19	33.02	33.71	33.78	33.97	31.91
2.	Matthew Dobson	14	Worksop	4:18.48	658			
	50m 28.66	100m 1:00.34	150m 1:33.23	200m 2:07.23	250m 2:41.07	300m 3:15.40	350m 3:48.97	400m 4:18.48
		31.68	32.89	34.00	33.84	34.33	33.57	29.51
3.	Ian Wrigley	15	Worksop	4:26.78	596*			
	50m 29.75	100m 1:02.82	150m 1:36.84	200m 2:11.16	250m 2:45.36	300m 3:20.07	350m 3:54.89	400m 4:26.78
		33.07	34.02	34.32	34.20	34.71	34.82	31.89
4.	Matthew Renshaw	14	Worksop	4:28.80	591			
	50m 29.31	100m 1:01.59	150m 1:35.66	200m 2:10.12	250m 2:45.12	300m 3:20.13	350m 3:54.95	400m 4:28.80
		32.28	34.07	34.46	35.00	35.01	34.82	33.85
5.	Connor Allison	14	Worksop	4:30.32	581			
	50m 30.13	100m 1:03.45	150m 1:38.02	200m 2:12.86	250m 2:47.56	300m 3:22.06	350m 3:56.99	400m 4:30.32
		30.13	34.57	34.84	34.70	34.50	34.93	33.33
6.	Ricky Whitehead	16	Worksop	5:49.50	248*			
	50m 37.67	100m 1:20.38	150m 2:05.48	200m 2:50.92	250m 3:36.31	300m 4:22.37	350m 5:08.44	400m 5:49.50
		37.67	42.71	45.10	45.39	46.06	46.07	41.06
	Joseph Sharpe	15	Worksop	DNC				

## GIRLS 10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt			
1.	Lucy Rixham	11	Worksop	5:39.68	383			
	50m 38.45	100m 1:20.56	150m 2:02.95	200m 2:45.70	250m 3:30.20	300m 4:13.79	350m 4:57.93	400m 5:39.68
		38.45	42.11	42.75	44.50	43.59	44.14	41.75
2.	Grace Elcock	11	Worksop	6:03.70	304			
	50m 40.45	100m 1:25.39	150m 2:11.72	200m 2:58.05	250m 3:44.63	300m 4:32.58	350m 5:20.35	400m 6:03.70
		40.45	44.94	46.33	46.58	47.95	47.77	43.35
3.	Alex Templeton	11	Worksop	6:05.22	300			
	50m 40.81	100m 1:25.93	150m 2:12.54	200m 2:59.26	250m 3:46.44	300m 4:34.30	350m 5:21.24	400m 6:05.22
		40.81	45.12	46.61	47.18	47.86	46.94	43.98
4.	Lorna Milligan	11	Worksop	6:09.78	287			
	50m 41.67	100m 1:27.80	150m 2:15.26	200m 3:02.46	250m 3:50.20	300m 4:37.83	350m 5:26.63	400m 6:09.78
		41.67	46.13	47.46	47.20	47.74	47.63	43.15
5.	Lucy McCook	10	Worksop	6:21.06	264			
	50m 43.40	100m 1:29.65	150m 2:18.45	200m 3:07.31	250m 3:57.04	300m 4:45.22	350m 5:34.64	400m 6:21.06
		43.40	46.25	48.80	48.86	49.73	48.18	46.42
6.	Courtney Sabbatini	10	Worksop	6:29.91	243			
	50m 43.55	100m 1:33.10	150m 2:23.58	200m 3:14.28	250m 4:05.20	300m 4:54.59	350m 5:43.34	400m 6:29.91
		43.55	49.55	50.48	50.92	49.39	48.75	46.57
7.	Jade Platts	10	Worksop	6:35.32	230			
	50m 44.73	100m 1:34.65	150m 2:25.35	200m 3:15.62	250m 4:05.65	300m 4:56.81	350m 5:47.45	400m 6:35.32
		44.73	49.92	50.70	50.27	50.03	51.16	47.87
8.	Michaela Whitehead	11	Worksop	6:38.64	217			
	50m 42.42	100m 1:30.72	150m 2:20.11	200m 3:09.25	250m 4:00.40	300m 4:50.15	350m 5:40.15	400m 6:30.15
		42.42	48.30	49.39	50.15	47.50	46.29	16.45
9.	Joanne North	10	Worksop	6:43.58	213			
	50m 45.86	100m 1:36.42	150m 2:28.00	200m 3:19.85	250m 4:11.08	300m 5:02.87	350m 5:54.39	400m 6:43.58
		45.86	50.56	51.58	51.85	51.23	51.79	49.19
10.	Elle Archer-Long	11	Worksop	6:50.83	193			
	50m 42.69	100m 1:30.86	150m 2:22.42	200m 3:15.00	250m 4:08.80	300m 5:03.66	350m 5:57.09	400m 6:50.83
		42.69	48.17	51.56	52.58	53.80	54.86	53.74
11.	Megan-Jayne Meadows	10	Worksop	7:14.74	158			
	50m 45.35	100m 1:37.88	150m 2:31.91	200m 3:26.12	250m 4:22.97	300m 5:20.82	350m 6:18.35	400m 7:14.74
		45.35	52.53	54.03	54.21	56.85	57.85	56.39
12.	Deanna Ward	11	Worksop	7:15.53	152			
	50m 46.46	100m 1:39.45	150m 2:36.45	200m 3:33.16	250m 4:29.73	300m 5:27.01	350m 6:26.04	400m 7:15.53
		46.46	52.99	57.00	56.71	56.57	57.28	49.49
13.	Elizabeth Stannard	11	Worksop	7:19.80	146			
	50m 46.02	100m 1:42.63	150m 2:38.56	200m 3:35.91	250m 4:32.31	300m 5:30.41	350m 6:26.79	400m 7:19.80
		46.02	56.61	55.93	57.35	56.40	58.10	56.38
14.	Emily Gray	10	Worksop	7:22.67	146			
	50m 48.61	100m 1:44.88	150m 2:40.85	200m 3:38.37	250m 4:35.52	300m 5:32.16	350m 6:28.72	400m 7:22.67
		48.61	56.27	55.97	57.52	57.15	56.64	53.95
15.	Laura Goulding	11	Worksop	7:23.56	141			
	50m 47.12	100m 1:42.28	150m 2:40.32	200m 3:38.35	250m 4:35.65	300m 5:35.20	350m 6:32.61	400m 7:23.56
		47.12	55.16	58.04	58.03	57.30	59.55	50.95
16.	Amy Evans	10	Worksop	8:09.26	94			
	50m 51.46	100m 1:52.87	150m 2:55.32	200m 3:58.70	250m 5:02.62	300m 6:06.69	350m 7:09.40	400m 8:09.26
		51.46	1:01.41	1:02.45	1:03.38	1:03.92	1:04.07	59.86

# Worksop Dolphins Club Championships 2009

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Sunday 20th September – Worksop Leisure Centre Worksop (25m pool)

**Results Session 1 - Sheet 5**

## GIRLS 12/13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt			
1.	Megan Berridge	13	Worksop	4:45.92	642			
	50m 32.89	100m 1:07.82	150m 1:43.49	200m 2:19.73	250m 2:56.22	300m 3:33.29	350m 4:10.05	400m 4:45.92
				36.24	36.49	37.07	36.76	35.87
2.	Carina Sabbatini	13	Worksop	5:04.58	537			
	50m 33.73	100m 1:11.01	150m 1:49.09	200m 2:27.93	250m 3:07.16	300m 3:46.78	350m 4:26.99	400m 5:04.58
				38.84	39.23	39.62	40.21	37.59
3.	Elizabeth Walus	13	Worksop	5:20.17	462			
	50m 34.12	100m 1:13.00	150m 1:53.86	200m 2:34.60	250m 3:15.74	300m 3:57.88	350m 4:39.62	400m 5:20.17
				40.74	41.14	42.14	41.74	40.55
4.	Paige DENYER	13	Worksop	5:21.47	456			
	50m 35.91	100m 1:15.34	150m 1:55.94	200m 2:37.42	250m 3:18.56	300m 4:00.15	350m 4:41.04	400m 5:21.47
				41.48	41.14	41.59	40.89	40.43
5.	Darcy Butterfield	13	Worksop	5:28.30	427			
	50m 37.04	100m 1:17.77	150m 1:59.22	200m 2:40.60	250m 3:22.26	300m 4:04.68	350m 4:47.42	400m 5:28.30
				41.38	41.66	42.42	42.74	40.88
6.	Kimberley North	13	Worksop	5:38.35	388			
	50m 37.51	100m 1:19.00	150m 2:02.28	200m 2:45.88	250m 3:29.67	300m 4:14.41	350m 4:57.77	400m 5:38.35
				43.60	43.79	44.74	43.36	40.58
7.	Shannon Lee	13	Worksop	5:56.35	326			
	50m 37.49	100m 1:20.60	150m 2:06.94	200m 2:53.06	250m 3:40.21	300m 4:27.16	350m 5:13.69	400m 5:56.35
				46.12	47.15	46.95	46.53	42.66
8.	Sarah Gooch	13	Worksop	6:41.44	212			
	50m 44.91	100m 1:35.15	150m 2:25.95	200m 3:17.98	250m 4:10.42	300m 5:01.61	350m 5:53.26	400m 6:41.44
				52.03	52.44	51.19	51.65	48.18
9.	Evie Booker-Parkinson	13	Worksop	6:47.04	200			
	50m 44.04	100m 1:31.63	150m 2:23.53	200m 3:16.17	250m 4:09.82	300m 5:03.50	350m 5:57.96	400m 6:47.04
				51.90	52.64	53.65	54.46	49.08

## GIRLS 14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt			
1.	Lauren Jordan	17	Worksop	5:18.00	472*			
	50m 33.45	100m 1:11.65	150m 1:51.70	200m 2:32.51	250m 3:13.29	300m 3:54.60	350m 4:36.85	400m 5:18.00
				40.81	40.78	41.31	42.25	41.15
2.	Ellie Upton	14	Worksop	5:59.97	315*			
	50m 37.11	100m 1:19.98	150m 2:05.86	200m 2:53.25	250m 3:40.60	300m 4:28.63	350m 5:16.71	400m 5:59.97
				47.39	47.35	48.03	48.08	43.26
3.	Jessica Owen	14	Worksop	6:04.90	301*			
	50m 37.23	100m 1:20.32	150m 2:06.26	200m 2:52.93	250m 3:40.73	300m 4:28.42	350m 5:16.37	400m 6:04.90
				46.67	47.80	47.69	47.95	48.53
4.	Holly Ramsden	14	Worksop	6:09.98	286*			
	50m 41.44	100m 1:27.84	150m 2:16.08	200m 3:04.33	250m 3:51.87	300m 4:40.36	350m 5:26.62	400m 6:09.98
				48.25	47.54	48.49	46.26	43.36
5.	Emma Ward	14	Worksop	6:17.20	267*			
	50m 42.51	100m 1:30.25	150m 2:18.59	200m 3:07.39	250m 3:55.95	300m 4:44.94	350m 5:32.50	400m 6:17.20
				48.80	48.56	48.99	47.56	44.70