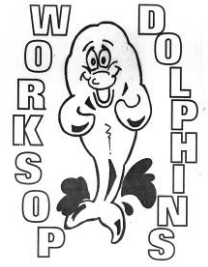




Worksop Dolphins Swimming Club



(Affiliated to Notts ASA & ASA East Midland Region)

Present

The 4th Spring Open Meet

(Under ASA Laws and ASA Technical Rules of Swimming)

Licensed level 3EM2192

WORKSOP LEISURE CENTRE

Valley Road Worksop

Sunday 1st April 2012

Age at date of gala

*** 10yrs 11yrs 12yrs 13yrs 14yrs 15yrs & over***

(Entries will be accepted from 9yrs who will be 10yrs before
the age at date of 10th June for Regional championships)

*** 100m & 200m all four strokes ***

*** & 200 IM ***

Heat Declared Winners

Awards for meet best swims in all age groups

For all entry information visit our website

or email openmeets@worksopdolphins.co.uk

CLOSING DATE - Monday 26th March 2012

www.worksopdolphins.co.uk

Swim 21 - Accredited

PLENTY OF FREE PARKING